

ELEVATING POTENTIAL - MODULE OUTLINES

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PRESENTING WITH CONFIDENCE

PUBLIC SPEAKING AND PRESENTING WITH AUTHENTIC CONFIDENCE

For some of us, the fear of speaking in public can be debilitating. Whether it's an internal meeting, a large speaking event, in front of a few or a thousand. Whether you're a seasoned speaker or a nervous communicator, we can all hone our public speaking to engage and captivate our audience.

This module examines how to prepare yourself to communicate with passion and energy. We share practical tips that nudge your brain into a positive, excited mindset to overcome nerves, and discuss techniques to get the most from your delivery.

By creating a safe and supportive environment, we provide the perfect opportunity to experiment with different techniques, helping you find and showcase the power of your natural delivery style. The objective is to ensure that public speaking - in whichever environment you operate - becomes an enjoyable, memorable experience for all.

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