

ELEVATING POTENTIAL - MODULE OUTLINES

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UTILISING EMOTIONAL INTELLIGENCE

ADAPTING OUR PERSONAL RESPONSE TO DIFFERENT CHALLENGES

Effective collaboration between colleagues and teams is vital to the success of every organisation. Being able to relate to and collaborate well with others is a valuable skill in the workplace and is a key trait of effective managers, sales people, negotiators and leaders.

Each of us approach our work through the lens of our own experiences, expectations and understanding. While this cognitive diversity is a huge strength within a team it can also lead to misunderstanding, miscommunication and frustration.

This module enables people to adapt to their colleagues more effectively by better understanding the 'why' behind behaviour. We build on this insight with practical ways to improve relationships through communication style, rapport building and deeper empathy.



UTILISING
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